



C.S.I. VELLORE DIOCESE VOORHEES COLLEGE, VELLORE

1/A, Officer's Line, Vellore - 632 001. India

Phone : 0416 - 2220317 Fax No.: 0416-2220318 E-mail : voorhees1898@gmail.com web:www.voorheescollege.edu.in

7.2 Best Practice

BEST PRACTICE 1

Title: Give blood and keep the world-beating.

b. Objectives of the Practice:

- To encourage the younger generation to extend their humanitarian services to the society.
- To understand and accept human responsibilities.
- To inculcate the theme of World Blood Donor Day through the Blood Donors' Club, Youth Red Cross, Red Ribbon Club, NCC and NSS units of the college.
- To supply blood to the authorized blood banks for patients suffering from health issues and accident victims.

c. Context:

Students from all the departments are encouraged to donate blood to save the lives of many needy patients. Many students actively participated in the blood donation camps organized by various clubs such as Blood Donors' Club, Youth Red Cross, Red Ribbon Club, NCC and NSS units of the college.

d. The Practice:

The college has Blood Donors' Club with volunteers from all the departments. In order to develop the capacity to meet emergencies and natural disasters, blood donation camps are conducted regularly where more than 30 students from Chemistry Department, 20 from Economics Department, 8 from Mathematics Department, 20 from Defence and Strategic Studies Department, 25 from Commerce Department and students from other departments have donated blood and participated in this noble deed.

The youth Red Cross of the college conducted a State Level Seminar to commemorate World Health Day on 5th April 2022. Dr. Gayathri from Department of Transfusion Medicine, Christian Medical College and Hospital, Vellore was the resource person. 85 student volunteers donated blood to the CMC Hospital.

The Red Ribbon Club of the college fosters an awareness programme on 'One's Duties and Responsibilities to the Society' to inculcate a spirit of service in youth. A special awareness programme on 'AIDS and COVID-19' was conducted in the month of February 2022. Dr. Thilagavathy, ENT Surgeon and Assistant Professor, Government Medical College, Adukambarai, Vellore was the guest of the day.



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The Department of the Computer Science, organized the 17th Blood Donation Camp in collaboration with CMC Blood Bank on 29th April, 2022.

e. Evidence of Success:

The Blood Donation Camp is a successful initiative of voluntary student donors. The blood donation activity promoted by the college associated with various clubs saves the lives of many people. This act of the students promotes willingness and generosity of their souls. The college has received a certificate of appreciation from the blood bank of Christian Medical College and Hospital, Vellore.

f. Problems Encountered & Resources Required:

During Lockdown, blood donation camp was difficult to organise later it was resumed to meet the needs of this noble deed.

BEST PRACTICES – II

TITLE: All about the mindset – Women Empowerment

OBJECTIVE OF THE PRACTICE:

- To educate people about gender stereotypes.
- To understand the difference between sex and gender.
- To create an environment in which women and men enjoy similar opportunities.
- To educate the rights and obligations in all spheres of life.
- To provide awareness on health and hygiene
- To guide especially women to face the challenges of the world.

CONTEXT:

The women cell of the college along with various clubs and NSS, NCC Units organized awareness programmes, rallies, marathon for women students.

THE PRACTICE:

Women students are groomed to face the challenges of the society. A mini marathon was organized on 2nd March 2022. It was inaugurated by Dr. Annie Vijaya, Deputy Inspector General of Police, Vellore. First year B.Sc. Physics student won the 1st prize in the Mini Marathon conducted for women students.

A Dental Awareness Camp, under the topic “Heal Yourself” was held on 13th September 2021 in association with JCI, Vellore students were taught how to take care of their dental hygiene and keep smiling.



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A virtual meeting was organized to commemorate the **Girl Child Day** on 24th January 2022. The panel of key speakers are consultant pediatrician, consultant psychiatrist and consultant adolescent specialist from Vellore and Coimbatore.

A March was organized on 8th March 2022 to honor “ Women Empowerment” the girls from defence department participated. The March inaugurated by the collector in Vellore.

The final year students of all departments organized study tour to Munnar, Cochin, Indian Coast Guard HQ, Cochin, Athirapally Falls, Malapuzha dam, Yelagiri and historical places too.

The Computer Science department conducted drawing competition for women students on 6th January 2033 to have a healthy mind amidst the pandemic situation.


EVIDENCE OF SUCCESS:

As women empowerment is the need of the hour to the development of healthy families, communities and countries, the college successfully ensured women’s safety and rights in all the fields. The restroom for women staff, students and non-teaching staff was constructed with basic essentials.

PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED:

The financial needs of the women students and societal behavior towards Co-education particularly to women can be resolved by involving women students in part-time jobs as well skill skill-based training through the assistance of Self Help Group.


Coordinator – IQAC
Dr. D. JAIKUMAR,
M.Sc., M.Phil., M.Ed., Ph.D.,
IQAC Co-ordinator & HOD of Physics,
Voorhees College,
Vellore - 632 001. Tamilnadu.


Principal i/c
Principal Incharge
VOORHEES COLLEGE
VELLORE-632001